

## REGION IV BEHAVIORAL HEALTH BOARD MINUTES

March 12, 2015 - 11:00 a.m. to 1:00 PM

Region 4 Offices Westgate Campus, Room 131

1720 Westgate Drive, Boise, ID 83704

**Presiding Officer:** Christopher Saunders, Chair

**Board Attendees:** Jeremy Clark, Trini DeMarco, Greg Dickerson, Elizabeth Francis, Winslow Gerrish, Steve Graci, Elt Hasbrouck, Brandi Hissong, Kim Keys (via phone), Amy Korb, Rhea Morrison, Shelley Retter, Christopher Saunders, Christy Sofaly, Christina Smith, Jim Tibbs, Ken Widick, Jess Wojcik, and Laura Thomas (staff)

**Members of the Public:** Emily Baird (intern DMH DHW R4), Dionne Chatel (Optum), Melanie Curtis (SHIP and Recovery Idaho), Aaron Dapoli (Optum), Jennifer Fishman (Medicaid), Monica Forbes (PEER Wellness Center), LaDessa Foster (BPA), Mary Jefferies (Optum), Ginny Gobel (Ignite Boise), Vanessa Johnson (Access BHS), Audrey Palmer (Optum), Shannon Purvis (BPA), Brynn Shireman (BSU MSW student)

**Guest Presenter:** Marilyn Baughman, SPAN Idaho

**Board Excused Absences:** Jennifer Burlage, Kelly Jennings, Sabrina Swope, Vicki Wilkins

<b>Agenda</b>	<b>Presenter</b>	<b>Discussion</b>	<b>Action/Next Steps</b>
Introductions Consent Agenda approval	Christopher Saunders	Meeting called to order; introductions were made for all in attendance. Laura Thomas noted that Jennifer Burlage, Kelly Jennings, Sabrina Swope, Vicki Wilkins are absent due to schedule conflicts.  A quorum was established (11:03 a.m.), Commissioner Hasbrouck made a motion to approve the consent agenda (approved the agenda and February minutes); motion was seconded and passed unanimously.	Consent agenda approved
Old Business- Update from working group and CDHD discussions	Greg Dickerson	Greg Dickerson provided a brief update on discussions of the board working group, the Department of Health and Welfare, and Central District Health Department. A full presentation is planned for April. The meeting documents include the sample MOA; draft sample contract and scope of work documents are expected by April.	Working group will update executive committee and board in March.
Executive Committee Update  Budget update and expense authorizations	Chris Saunders and Jess Wojcik	The executive committee met March 5. They have authorized 8 scholarships to CRAFT training in May (\$250 per scholarship). They have asked for a more specific list of items needed for the Community Recovery Center at the April board meeting so that the board can take action to help support the center, if acceptable (in accordance with DHW fiscal policies) options are available. Laura Thomas noted that the CRAFT scholarship option is popular as three applications have been received since its posting on Monday, March 9. Laura indicated that scholarship applications for ICADD do not appear to exceed the	Laura will record decisions as

Bylaws		<p>budget set; at this time six board members have expressed interest in attending ICADD. Laura asked for approval for \$7 in parking to attend a Community Recovery Center meeting and for mileage reimbursement for a board member for the March meeting. Elt Hasbrouck made the motion to approve the expenses; the motion was seconded and unanimously approved.</p> <p>A short discussion on allowable expenses for the board's budget was held. Laura will forward the general information on allowable expenses to the board. She requested that all budget requests be sent to her to have reviewed prior to submitting to the executive committee. That committee will discuss and determine items to bring to the full board meetings. All agreed the board does not want to review submission that are not allowable and that all requests at board meetings need to be first reviewed by the executive committee. (Post Meeting follow up – information on allowable expenses sent to the board on March 19, 2015).</p> <p>The board had no further additions to the bylaws. Commissioner Jim Tibbs moved that the bylaws with attached code of conduct and policies and procedures be approved. Motion was seconded and vote was unanimous. The bylaws were signed and dated by Chair Christopher Saunders and Vice-chair Jess Wojcik.</p>	appropriate in draft bylaws, policies and procedures and draft new items as needed for review at the next meeting.
Needs and Gaps	Amy Korb	The gaps and needs report working group Amy Korb, Jess Wojcik, Kim Keys, Christy Sofaly, and Rhea Morrison provided an update on progress made. They asked all board members to send information to the group by Friday March 20, 2015. A copy of the draft report will be emailed to all board members to review prior to submitting additional information. All board members are encouraged to provide information for the report, especially for Boise, Elmore, and Valley counties. A copy of a letter from AACT Idaho, sent to the board for inclusion in the resource was distributed. This letter has been sent to all regional boards by AACT Idaho with a request to include in as many regional reports as possible.	
Youth BH committee progress	Laura Thomas	Laura provided an update on the Youth Behavioral Health Committee. The executive committee appointed the initial six members and their first meeting to get organized with leadership elections and meeting schedule is March 17. They are also asked to review the gaps and needs for a perspective of youth	

		<p>behavioral health (children's mental health, Substance use disorder prevention and treatment).</p> <p>Melanie Curtis, Monica Forbes, Jess Wojcik and Ginny Gobel provided an update from the organizations that are working together to establish a community recovery center in Ada county. Melanie noted that SHIP is looking at building space that would be large enough to co-locate the facility. The SHIP board will be reviewing the building information at their end of March board meeting. The PEER Wellness Center group (Monica and Jess) is committed to help fundraise for the recovery center and will be helping to provide recovery support services through volunteers (PEER Support Specialists and Recovery Coaches). Boise Ignite (Ginny Gobel) is committed to helping with fundraisers planned for May 7 and the summer; they will continue to offer their recreational activities through their network. Individuals who use the center would be welcome in Boise Ignite activities. The groups are working on a memorandum of agreement; Laura Thomas is helping to facilitate that process.</p>	
Guest Presentations SPAN Idaho	Marilyn Baughman	Marilyn Baughman from SPAN Idaho (Suicide Prevention Action Network – Idaho) provided an overview of the groups many activities. (See the meeting documents for fund raising activities and awareness events.) They meet on 2nd Tuesday of month 11:45 am to 1 pm, at Meridian City Hall, all are welcome.	
Announcements  Next Meeting Agenda	Laura Thomas	<p>WRAP Training is April 10-11 – contact Jess Wojcik to register</p> <p>May 2 CMH Resource Fair; May 8 CMH teleconference, contact is Steve Graci</p> <p>Laura asked members to send her any agenda items for the next meeting by March 26, 2015. The next meeting is April 9, 2015; values working session will follow the board meeting that day so plan for 11 to 5 pm total time. Lunch will be served; Board members will receive information to request a box lunch closer to the meeting date.</p> <p>Board meeting adjourned at 1:05 p.m.</p>	Send agenda items to Laura by March 26, 2015
Reminder: Mission and Vision		<p>Region 4 Behavioral Health Board</p> <p>Vision: An integrated health system accessible to everyone.</p> <p>Mission: We improve behavioral health by developing solutions with our communities.</p>	April 9, 2015 Working session - Mission, Vision and Values.

Next meeting is April 9, 2015, 11:00 a.m. to 1:00 pm in Room 131 of Region 4 offices, 1720 Westgate Drive, Boise, ID 83704

**The board working session on Mission, Vision and Values will follow the April 9, 2015 board meeting, from 1 to 5 pm.**